



Spring Break Schedule

MARCH 25-MARCH 30, 2024

FRIDAY, MARCH 29

11AM: Youth Yoga with Vyayam

Kids learn self-love and respect with Vidya Nahar, ERYT-500, MSY, in a noncompetitive, fun yoga class fostering calm, activity, breath, and focus. (Fifth Third Bank Family Pavilion)

12PM: Empowerment Beaded Bracelet Workshop with Women's LIVE Artist Studio

Craft a personalized Empowerment Beaded Bracelet. Express yourself and feel empowered daily with wearable art. (Culture Corner)

1PM: Express Yourself with Virtual Reality and AI with The Oasis

Explore AI and VR's impact on self-expression. Create a digital avatar using smartphones and Meta Quest 3 or Apple Vision Pro. (Food Experience Corridor)

1PM: Chitown Skygazers

Enjoy safe skygazing! Use solar glasses to observe the sun's mesmerizing beauty without harming your eyes. (Pier Park)

1:30PM: Community Werks with Creative Network/Mike D Chicago

Learn Chicago Footwork for performance and self-confidence. Experience it firsthand to witness its benefits. (Fifth Third Bank Family Pavilion)

2:30PM: Trash or Treasure with Women's LIVE Artist Studio

Explore mixed media by turning everyday objects into unique art pieces. (Culture Corner)

3:30PM: Double Dutch and More! with 40+ Double Dutch Club

Join us indoors for outdoor fun! Jump Double Dutch, play hopscotch, jacks, Chinese rope, hand games, and hula hoop. We'll teach Double Dutch too! (Fifth Third Bank Family Pavilion)

4PM: Exploring STEM Wonders: A Journey of Discovery with A Bit Different

Explore hands-on STEM projects, interactive activities, and newfound STEM appreciation. (Food Experience Corridor)

5PM: Strategies to keep you healthy and thriving! with Thrive for Wellness, LLC

Guess will learn strategies and techniques to maintain and improve their wellness. (Culture Corner)

Schedule subject to change.