



Spring Break Schedule

MARCH 25-MARCH 30, 2024

MONDAY, MARCH 25

11AM: Singing in Spanish with Carolina with Old Town School of Folk Music

Experience a vibrant musical culture filled with fun and accessibility. Join us to sing silly songs, play music games, and learn rhythmic notation and solfège. (Fifth Third Bank Family Pavilion)

12PM: Art You Can Eat with Cookies & Conversations

Create edible art with sugar cookies! Use food coloring, icing, and drages to craft delicious masterpieces to share or savor solo. (Culture Corner)

1PM: SlooMoo Institute Workshop

A hand-crafted slime experience. (Food Experience Corridor)

1:30PM: Yogic Breathing/Pranayama Workshop with Vyayam

Vidya Nahar, ERYT-500, MSY, guides a workshop on breath regulation per Hatha Yoga Pradipika, aiding mental and physical wellness for Yoga Teachers. (Fifth Third Bank Family Pavilion)

2:30PM: Paint with me with Toast To Paint

Create your masterpiece with us! Let your creativity flow and take home your artwork as a forever keepsake! (Culture Corner)

3:30PM: One Love Drum Circle with THUG Hippie

Explore drumming for communication and unity. Join the groove, harmonize, and solo for a vibrant community rhythm. (Fifth Third Bank Family Pavilion)

4PM: Exploring STEM Wonders: A Journey of Discovery with A Bit Different

Explore hands-on STEM projects, interactive activities, and newfound STEM appreciation. (Food Experience Corridor)

5PM: March Madness Mash Up with round21

Create a personalized 1:1 art piece on a basketball canvas with round21, reflecting your unique story and values. (Culture Corner)

Schedule subject to change.



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TUESDAY, MARCH 26

11AM: Breath and Meditation with Meditation Disruption

Experience relief from stress and anxiety with easy Breathwork techniques and meditation breaks. (Fifth Third Bank Family Pavilion)

12PM: Vision Board Your Future with Sentient Self Co.

Create personalized vision boards together, fostering unity and inspiration. All materials provided! (Culture Corner)

1PM: Exploring STEM Wonders: A Journey of Discovery with A Bit Different

Explore hands-on STEM projects, interactive activities, and newfound STEM appreciation. (Food Experience Corridor)

1:30PM: Rhythm & Confidence Double Dutch & Jump Rope Games with THUG Hippy

Experience Double Dutch fostering individual success and teamwork. Engage in single rope games for a fun, supportive atmosphere of shared achievement! (Fifth Third Bank Family Pavilion)

2:30PM: Finding The Simple Good In You with The Simple Good

Join our Art-based SEL workshop to discover 'The Simple Good' within. Through self-portrait creation, foster self-awareness and positivity in our youth. (Culture Corner)

3:30PM: Relaxation Sound Bath with Virtue Alchemy Candle Co

Relax deeply with singing bowls and chimes. Reduce stress, gain mental clarity, and emotional balance. Depart with candle and affirmation for ongoing positivity. (Fifth Third Bank Family Pavilion)

4PM: Beat Unity: World Waves Drum Circle Workshop with Guided Meditation by Manimala Studio

This dynamic event invites participants of all ages and backgrounds to delve into the power of rhythm in uniting communities. (Food Experience Corridor)

5PM: Paint the Future with Women's LIVE Artist Studio

Explore acrylic painting's boundless possibilities. Envision a vibrant, expressive future in our empowering workshop with WLAS. (Culture Corner)

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WEDNESDAY, MARCH 27

11AM: Get MOVING with CHI-SOCIETY with CHI-SOCIETY

Experience Yoga, Pilates, Strength, Boxing, Dance, and Meditation workshops led by the city's best instructors. (Fifth Third Bank Family Pavilion)

12PM: Mixed Media, Sustainability of Fashion with FistsUpAfrosOut

Artists will learn during a sustainable fashion and mixed media workshop taught by a multi media artist And F.U.A.O staff. (Culture Corner)

1PM: Audio Engineering with ISPro Academy with ISPro Academy

Learn audio engineering and music production with ISPro Academy. Master vocal recording and production for aspiring engineers. (Food Experience Corridor)

1:30PM: Relaxation Sound Bath with Virtue Alchemy Candle Co

Relax deeply with singing bowls and chimes. Reduce stress, gain mental clarity, and emotional balance. Depart with candle and affirmation for ongoing positivity. (Fifth Third Bank Family Pavilion)

2:30PM: Pretty Paper Flowers with Women's LIVE Artist Studio

Craft vibrant paper flowers at our Pretty Paper Flowers workshop. Take home your stunning handmade bouquet! (Culture Corner)

3:30PM: Double Dutch and More! with 40+ Double Dutch Club

Join us indoors for outdoor fun! Jump Double Dutch, play hopscotch, jacks, Chinese rope, hand games, and hula hoop. We'll teach Double Dutch too! (Fifth Third Bank Family Pavilion)

4PM: Unlocking Design Magic: Intro to UX Design Workshop for High Schoolers with Manimala Studio

Exploring tech, creativity, and human-centered design. Gain insights and skills in UX design. (Food Experience Corridor)

5PM: Magical Black Tears: Tools for Protest with Derute Consulting Cooperative

Magical Black Tears" flashcards illustrate protest's role in racial justice. Guests create protest tools based on flash-card inspiration. (Culture Corner)

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THURSDAY, MARCH 28

11AM: Songs of Heritage & Pride with Little Miss Ann with Old Town School of Folk Music

Little Miss Ann, a Chicago musician and former teacher, inspires kids through interactive workshops blending music and social justice activism. (Fifth Third Bank Family Pavilion)

12PM: Stained Glass Sun Catchers with Women's LIVE Artist Studio

Craft vibrant Stained Glass Suncatchers. Learn intricate techniques using kid-friendly plexiglass to brighten any space. (Culture Corner)

1PM: Audio Engineering with ISPro Academy with ISPro Academy

Learn audio engineering and music production with ISPro Academy. Master vocal recording and production for aspiring engineers. (Food Experience Corridor)

1:30PM: Laughter Yoga Workshop with Vyayam

Laughing daily reduces stress, increases oxygen, releases endorphins. Join Vidya Nahar's Laughter Yoga for techniques, health, and happiness. (Fifth Third Bank Family Pavilion)

2:30PM: Art You Can Eat with Cookies & Conversations

Create edible art with sugar cookies! Use food coloring, icing, and drages to craft delicious masterpieces to share or savor solo. (Culture Corner)

3:30PM: One Love Drum Circle with THUG Hippie

Explore drumming for communication and unity. Join the groove, harmonize, and solo for a vibrant community rhythm. (Fifth Third Bank Family Pavilion)

4PM: Beatboxing 101: Unleashing Musical Magic with Your Mouth with iLLEST INC

Delve into beatboxing with iLLEST, learning to create intricate rhythms and melodies using your mouth. (Food Experience Corridor)

5PM: Drawing Portraits with Hattie LLC

Learn to draw portraits! (Culture Corner)

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FRIDAY, MARCH 29

11AM: Youth Yoga with Vyayam

Kids learn self-love and respect with Vidya Nahar, ERYT-500, MSY, in a noncompetitive, fun yoga class fostering calm, activity, breath, and focus. (Fifth Third Bank Family Pavilion)

12PM: Empowerment Beaded Bracelet Workshop with Women's LIVE Artist Studio

Craft a personalized Empowerment Beaded Bracelet. Express yourself and feel empowered daily with wearable art. (Culture Corner)

1PM: Express Yourself with Virtual Reality and AI with The Oasis

Explore AI and VR's impact on self-expression. Create a digital avatar using smartphones and Meta Quest 3 or Apple Vision Pro. (Food Experience Corridor)

1PM: Chitown Skygazers

Enjoy safe skygazing! Use solar glasses to observe the sun's mesmerizing beauty without harming your eyes. (Pier Park)

1:30PM: Community Werks with Creative Network/Mike D Chicago

Learn Chicago Footwork for performance and self-confidence. Experience it firsthand to witness its benefits. (Fifth Third Bank Family Pavilion)

2:30PM: Trash or Treasure with Women's LIVE Artist Studio

Explore mixed media by turning everyday objects into unique art pieces. (Culture Corner)

3:30PM: Double Dutch and More! with 40+ Double Dutch Club

Join us indoors for outdoor fun! Jump Double Dutch, play hopscotch, jacks, Chinese rope, hand games, and hula hoop. We'll teach Double Dutch too! (Fifth Third Bank Family Pavilion)

4PM: Exploring STEM Wonders: A Journey of Discovery with A Bit Different

Explore hands-on STEM projects, interactive activities, and newfound STEM appreciation. (Food Experience Corridor)

5PM: Strategies to keep you healthy and thriving! with Thrive for Wellness, LLC

Guess will learn strategies and techniques to maintain and improve their wellness. (Culture Corner)

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SATURDAY, MARCH 30

11AM: Double Dutch with Jumping Juniors

Discover the basics of double dutch, including rope turning, entering, and basic motions. Comfortable shoes are a must for participation. (Fifth Third Bank Family Pavilion)

12PM: Strategies to keep you healthy and thriving! with Thrive for Wellness, LLC

Guests will learn strategies and techniques to maintain and improve their wellness. (Culture Corner)

1PM: SlooMoo Institute Workshop

A hand-crafted slime experience. (Food Experience Corridor)

1PM: Chitown Skygazers

Enjoy safe skygazing! Use solar glasses to observe the sun's mesmerizing beauty without harming your eyes. (Pier Park)

1:30PM: One Love Drum Circle with THUG Hippie

Explore drumming for communication and unity. Join the groove, harmonize, and solo for a vibrant community rhythm. (Fifth Third Bank Family Pavilion)

2:30PM: Vision Board Your Future with Sentient Self Co.

Create personalized vision boards together, fostering unity and inspiration. All materials provided! All ages (Culture Corner)

3:30PM: Community Werks with Creative Network/Mike D Chicago

Learn Chicago Footwork for performance and self-confidence. Experience it firsthand to witness its benefits. (Fifth Third Bank Family Pavilion)

4PM: Global Drum Jam with Funkadesi's Rhythm Ambassadors

A hands-on drumming journey into a rhythmic journey of Afro-Indo-Caribbean beats & music. (Food Experience Corridor)

5PM: Toy Painting Workshop with Electric Gray Workshop

Experience toy making: pour and pull plastic casts, then paint your unique variant from available blank designs. (Culture Corner)

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